# Scotch College

26 June 2020

Dear Parents





## Year 10 Cadet Overnight Training Camp Friday 7 – Saturday 8 August 2020

Please read through this document thoroughly and complete and return the parent permission slip as soon as possible.

All Friday afternoon activities and camps this year are considered compulsory Department Fire and Emergency Services (DFES) Cadet camps. However, cadets who have not handed in the permission slip cannot participate in the camp.

#### Overview

Cadets will take part in an overnight camp at Bickley Brook Dam departing from the College at 1.45pm Friday 7 August and returning at 1.30pm Saturday 8 August. This is a sports bye and therefore will not affect College sporting commitments.

This is a fun camp we have run many times in the past with a range of learning experiences on offer including orienteering, raft building and search and rescue.

### **Objectives**

To introduce cadets to:

• Search and rescue using GPS and radios

To allow cadets to further practise:

- Carrying a pack
- Correctly packing a pack
- Navigation by day and night
- Cooking in the field and general camp craft
- Teamwork while participating in outdoor activities
- Setting up shelter systems.

## Safety

Safety is of the utmost importance with any activity this unit undertakes. All staff are trained for the specific activities that they are responsible for. Mr Loosemore will be running the camp supported by a number of DLGSC (Formerly the Department of Sport and Recreation) instructors who will run the training activities. A small communal medical kit will be carried, however, it is your son's responsibility to carry his own specific medications.

#### Water based activity

Your son will participate in a water-based activity while at the camp. The boys will be rotating through a rafting activity wearing appropriate personal floatation devices.

#### Medical details

Please ensure your son's medical details have been reviewed and updated <u>at least two weeks prior to departure</u> via the home.scotch website <a href="https://connect.scotch.wa.edu.au">https://connect.scotch.wa.edu.au</a>.

### Uniform and Equipment

The cadets will wear the College sport uniform with the cadet shirt (issued at school) and will be issued the following items the week before the camp:

- 1 x Wilderness Breakout Backpack with liner (this will be given to cadets in the week prior on their training day)
- 1 x Shelter (A tent will be shared between two cadets)
- 1 x Trangia stove/ jet boil with fuel (share between two cadets)
- 1 x Ground mat (this is not a sleeping mat)

## Your son must bring the following:

- Sleeping Bag
- Sleeping Mat the boys will be sleeping on open ground and will need something to smooth out lumps and rocks. We will provide a cheap but adequate solution in a foam matt; however, inflatable trek mattresses can be purchased from most camping stores eg. Mainpeak, Anaconda, BCF etc.
- Inflatable/ small pillow
- Camping/ plastic plate, bowl, cup, fork, knife, spoon
- 2 x 1lt Water bottles/ Camelback or the like (plastic PET style bottle eg Coke). Boys must have a minimum of 2lt of water.
- Small pocket knife (optional)
- Headlight
- Wrist watch
- Wet wipes
- 2 x plastic shopping bags for waste / dirty or wet clothing
- Toothbrush and toothpaste
- Deodorant
- Note book and pencil
- Hat and sunscreen (Sunglasses optional)
- Medical kit with any medications relevant to your son. Plasters for blisters may be useful.
- Small roll of toilet paper
- Phones may be taken for contacting parents on our return; however, they are not to be used during any other part of the camp.
- Comfortable broken in shoes to walk in
- Trainers or reef shoes that can get wet
- Thongs
- Clothing:
  - Jumper or thermal for evening
  - o Change of socks and underpants
  - o Lightweight rain jacket or poncho
  - o Beanie (optional)
  - O Bathers, rash vest/sharkskin/ T-shirt that can get wet and towel (preferably microfibre)

#### Meals

Cadets will be required to take dinner (Friday), breakfast, morning tea and lunch (Saturday) and snacks with them. Dinner should be appropriate for being cooked in a trangia stove or jet boil, e.g. pot noodles, couscous or dehydrated food pouches. A simple breakfast of cereal and fruit that does not require cooking will need to be supplied (milk will be available). There will be no facilities for cold goods to be stored. A meat/cheese and salad wrap/roll lunch will be provided to the boys for their lunch.

#### Cost

The Cadet budget will cover the cost of this camp.

### **Timings**

It is expected that the buses will depart Scotch at 13:45hrs on Friday 7 August from the bottom of the D&T/Science building on Claremont Crescent and return to the Q store at approximately 13:30hrs on Saturday 8 August. Cadets will not be dismissed until the stores have been stowed back in the Q store and the bus has been cleaned. This will take approximately half an hour.

#### Return of Gear

It is essential that <u>all gear issued to your son be</u> returned so that their names and the gear can be ticked off on the school database. Failure to do so may result in your account being charged for items not returned. It is expected that the items be returned in the best condition possible, i.e. clean and tidy so that the stores may be issued to future cadets in top order. Trangia stoves are to be scrubbed spotless and thoroughly dried before reassembly so as to minimise the chance of mould developing.

If you have any queries regarding the overnight exercise, please contact me at Scotch College via email at <a href="mailto:howard.loosemore@scotch.wa.edu.au">howard.loosemore@scotch.wa.edu.au</a>

Yours sincerely

Mr Howard Loosemore Cadet Instructor

Scotch College ESC Unit

# Year 10 Cadet Overnight Training Camp to Bickley Brook Dam Friday 7 August to Saturday 8 August 2020 Parent/Guardian Permission Slip

Please complete, scan and return the completed permission form via email to Joanne Hallis at <u>Joanne.Hallis@scotch.wa.edu.au</u> by no later than Friday 3 July 2020.

I have read the above letter and give permission for my son to participate in the camp on Saturday 8 August 2020.	Friday 7 to
My son's medical information will be reviewed and updated at least two weeks prior to the car	mp.
Student Name	
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Parent's Name	
Mobile Number	
Email Address	
Parent/Guardian Signature Date	